



VOLUNTEER MONTGOMERY

October 2024 Updates:

Dear Volunteer,



*Join us for a fundraising event, supporting
Volunteer Montgomery community projects!*

Chili Cook-Off Oct. 19, 2024 - 10 a.m.

Multipurpose Room 1, County Gov. Center
755 Roanoke Street, Christiansburg



**Buy \$5 tasting tickets in person
or online by scanning the code
with your phone.**

<https://volunteermontgomery.betterworld.org/events/chili-cook-off-fundraiser>

Each ticket allows taste-testing all 15 chilis and is good for
one (1) vote. Additional votes may be purchased
at the event for \$1 each.



**Tickets are now available for
our first chili cook-off event!**

We have 16 wonderful Chili
Cooks: The Maroon Door,
Zeppoli's Restaurant and
Wine Shop, Gardner's Frozen
Treats & Gardner's Grill, New
River Barbecue, Downtown
Christiansburg Inc., Waters
Productions, Montgomery
County VA Chamber of
Commerce, Montgomery
Museum of Art & History
Emerging Leaders Advisory
Board, Good Samaritan
Hospice, Cindy and Bill Turner
representing Blacksburg
Volunteer Rescue Squad,
Susan Miller, Erica Carr, Faith

Taylor, Amy Webb, Richard Breen, and Daniel Shifflett.

Thank you to our sponsors Commonwealth Senior Living at Christiansburg, New River Valley Building Supply, and LOST IN TASTE!

Location: The Montgomery County Government Center (755 Roanoke Street, Christiansburg, VA 24073)

Come out and support our community members who are competing, Volunteer Montgomery programs, and connect with our community!

You may purchase tickets at <http://volunteermontgomery.betterworld.org/.../chili-cook...> or by stopping by the office. We hope to see you there!



Patriot Day Service Project

The Volunteer Montgomery Advisory Council voted to send baskets filled with baked goods and prepackaged snacks to twenty-three emergency service agencies in Montgomery County. Nineteen volunteers and community members joined in to donate needed items and fill baskets! To ensure that the baskets were delivered before Patriot Day, ten community members and volunteers completed delivery of baskets and trays of baked goods on September 10th.

We would like to thank, Shirley Mullins, Taska Bailey, Carol Trutt, Dawn Ramsey, Bonnie Harris, Rich Rawlings, Jolene Rawlings, and Rosemary Jones for your assistance with delivery!



Volunteer Montgomery Bake Sale

Thank you for making our annual Bake Sale a huge success! The event held on September 13th at the Government Center raised **\$1,721!** 49 volunteers responded to our request for baked goods and support during the event. Many volunteers provided monetary donations. A big thank you to Sally Anna Stapleton, Carol Cornish, and Deena Flinchum for calling volunteers and Rosemary Jones, Shirley Mullins, Sally Anna Stapleton, Susan Walton, and Annette Calhoun for working the day of the sale. We appreciate the



continued support of the Montgomery County employees and our community partners!

This event will sell out fast! Get your ticket today by visiting

<https://volunteermontgomery.betterworld.org/events/volunteer-montgomery-bingo-at-ir> or using the QR code below.



BINGO!

November 6, 6-9pm



Iron Tree (21+ only)
5 Roanoke St., Christiansburg



Food truck: Cabo Fish Taco



\$10 gift card prize | **\$50 gift card**
for each game | grand prize



\$10 donation per admission ticket
Limited ticket sales. Buy online using the code, or stop by the Volunteer Montgomery office: 210 S. Pepper St., Suite D.

Fundraiser with proceeds benefiting programs administered by



540-382-5775

volunteermontgomery@montgomerycountyva.gov

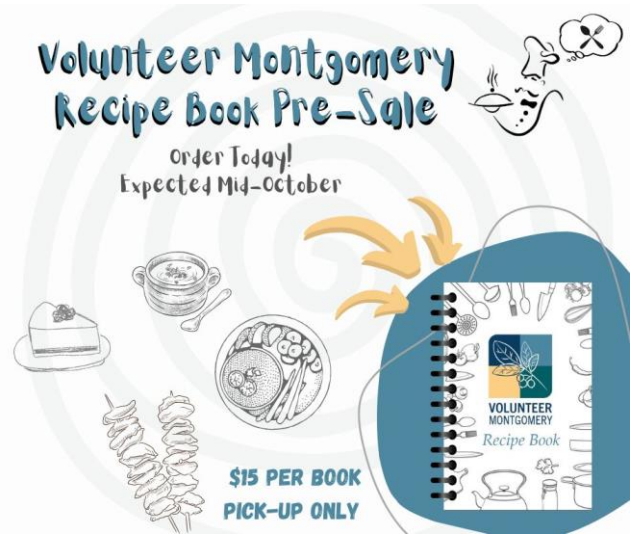
Get a head start on holiday gift shopping and reserve your Volunteer Montgomery recipe book NOW for only \$15! It includes 170 recipes submitted by our volunteers and many friends and family throughout the community from Chicken Rollatini to Chocolate Marshmallow Pie.

➡ Pre-Order Here:

<https://volunteermontgomery.betterworld.org/.../volunteer...>

Books are expected to be delivered to our office (210 Pepper St SE, Suite D in Christiansburg) Mid-October. Pick-up at our office is required, we are unable to deliver.

! Please note: Select to cover additional fees at checkout to ensure full cookbook price of \$15 (per book) is paid.



Walk-A-Thon to benefit the 2025 Supplies for Seniors Program

Volunteer Montgomery held its Walk-A-Thon to benefit the 17th Annual Supplies for Homebound Seniors program. The event was held on Sunday, September 29 from 2-4 pm at the Christiansburg Recreation Center and raised \$2,478. In January 2025, the project will provide many homebound seniors and veterans in Montgomery County and Radford with personal and household supplies when bad weather and high heating bills increase their hardship level. Chief Ramsey of Christiansburg Police Department and Tammy Caldwell of the Christiansburg Recreation Center lead the first lap and 25 volunteers and community members walked 378 laps or 47 miles to kick off the Supplies for Seniors fundraising event.

We would like to recognize
Christiansburg Recreation

Center, Commonwealth Senior Living, an Anonymous Donation to Honor Tina King for 42 Years of Service to the NRV Agency on Aging, and El Charro of Radford for sponsoring the event.

Congratulations to Daniel Strickler for winning the lovely pineapple – themed basket donated by Commonwealth Senior Living!



We are still accepting monetary donations to support this worthy project!



Sneak peek of what's to come at our **Designer Handbag Auction...** 👁️

Grab some delicious tea and listen to music by Chloe Scales while you bid on the designer bag of your choice. We will have over 20 designer purses available for bidding! Get your tickets now at the following link:

<https://volunteermontgomery.betterworld.org/.../handbag...>

You don't have to be present to win, just to place your bid! 🛒👛👛

All donations go to our in-house programs to support members of our local community 🧡

This event will be held at the Volunteer Montgomery office in Christiansburg, 210 Pepper St SE, Suite D (lower level) on Saturday, November 16th, from 2-3:30pm.



Program Updates:

TRIAD Updates:



TRIAD SHRED-A-THON

Oct. 22, 3-6 pm, Christiansburg Recreation Center

Help prevent identity theft, shred unwanted documents, protect identifying information, and clean out clutter! Please bring your documents in a box or plastic tote (no larger than 22.5x18x11.5") and respect the limit of three totes/boxes per vehicle. For more information, contact Tammy Caldwell at (540) 382-2349, ext. 2003, or tcaldwell@christiansburg.org.

TRIAD/SALT MEETING

Nov. 19, 1:30 pm, Christiansburg Recreation Center

Join us for our speaker on Diabetes and Proper Nutrition. No pre-registration is required. Everyone is welcome!

TRIAD CHRISTMAS LUNCHEON — \$8

Dec. 17, 11 am, Location TBD

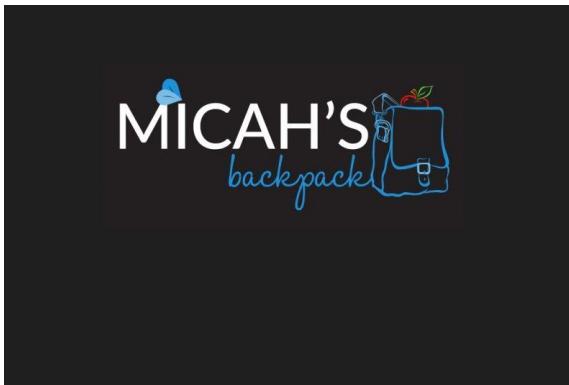
Join us for our Annual Christmas Luncheon. Pre-registration with Christiansburg Recreation Center is required. For additional information or to pre-register, please contact Tammy Caldwell, at 540-382-2349, ext. 2003. The deadline to register or withdraw is Dec. 9



September's **Birthday in a Box** Collection supports the efforts of the mission of Special Deliveries, a program of New River Valley Community Services and the Montgomery County Department of Social Services

Thank you for donating over **211 items** from our list of needs to support their mission. **This project has been well received by our corps of volunteers. Therefore, Volunteer Montgomery has decided to continue to collect items for this worthwhile project on a monthly basis.**

Many thanks go out to Robbie Hall, Rosemary Jones, Sharon Brown, Shirley Mullins, Annette Calhoun, Brenda Arnold, Dawn Ramsey, Pam King, Jan Marks, Jolene Rawlings, Rich Rawlings, Jill Songer, Deena Flinchum, NRV 911, and any others we may have missed during drop off for your generous donations!



Volunteer Montgomery is collecting individual cereal cups to support the mission of Micah's Backpack, a backpack program that addresses food insecurity for youth in 10 local schools.

Please bring donations to the Volunteer Montgomery office during the month of October.

Volunteer Opportunities:

Special Olympics

Special Olympics Virginia - Area 9 (New River Valley) is now seeking volunteers for their fall programs:

- * Walking Club - 6:30-7:30 pm Mondays, Uptown Christiansburg (previously New River Valley Mall)
- * Volleyball - 7-8:30 pm Tuesdays, Blacksburg Rec Center
- * Swimming - 7-8 pm Wednesdays, Blacksburg Aquatic Center
- * Bocce - 1:30 - 3:30 Sundays, St. Mary's Catholic Church Volunteers must be 13 and older. A background check and protective behaviors training (online) are required for ages 18 and older. Volunteers are paired with a Special Olympics athlete. No experience required.

For more information, email nrvspecialolympics@gmail.com or check out Facebook Page Special Olympics Virginia - Area 9.

Winter programs will include basketball, swimming, walking club, and alpine skiing.

**Evening
Volunteer
Opportunity!**

**Pumpkin Pals for Seniors
October 10th from 6-8pm**

210 Pepper St SE, Suite D (lower level)
Christiansburg

Evening Opportunity with Volunteer Montgomery – Pumpkin Pals for Seniors

Bring your creativity and join us on **Thursday, October 10 from 6-8 pm at the Volunteer Montgomery office** to decorate craft pumpkins for residents of Spring Oak Senior Living.

Sticker kits and paint pens will be provided.

Registration is required by Tuesday, October 8 so we know how many to prepare for. Come out and enjoy a fun craft activity!

Volunteer Montgomery

Volunteers are needed to assemble packages for the **Birthday in a Box program**. Contact our office at volunteermontgomery@montgomerycountyva.gov. to join the email list for dates of service projects.

Photos of Veterans

We would like to include photos of our Veterans in uniform in the November Update! Please submit your pictures by email to hayesaw@montgomerycountyva.gov before Friday, October 27th.

Holiday Cards for Soldiers

We are planning to send Christmas Cards, **without envelopes**, to soldiers who have been deployed overseas. If you are interested in writing cards to be mailed, please bring them to the office **by Friday, October 25**.

Volunteer Montgomery Advisory Council

We are seeking **5 Volunteer Montgomery volunteers** to serve on the Advisory Council for the 2025-2026 term. If interested, please call the office or contact Nominating Committee members Nola Elliott, Jack Davis, and Rosemary Jones before October 22.

Flowers for Veterans

On Friday, November 8, volunteers will deliver flower arrangements to Veterans who reside in local nursing homes and assisted living facilities throughout Montgomery County. We plan to honor those who have protected our freedom in recognition of Veterans Day on Monday, November 11. If you would like to sponsor a Veteran at a local nursing home, the cost of each arrangement is \$5. Gate's Florist in Christiansburg is making the flowers available.

Volunteers are needed to **help us assemble the arrangements at the Volunteer Montgomery office on Thursday, November 7 at 10 am. We currently have enough volunteers to assist with delivery on Friday, November 8 at 10 am.** Call the office for more details.

Many thanks to our volunteers who have donated vases and to the MCEAP Thrift Store and More for sending donations throughout the year!

NRV CARES - CASA



CASA
Court Appointed Special Advocates
FOR CHILDREN
CASA OF THE NEW RIVER VALLEY
A PROGRAM OF NRV CARES

Are you looking for a
volunteer opportunity
for you and your spouse
to do together?
**Become CASA
Volunteers!**

**APPLICATIONS
ACCEPTED
NOW!**

CONTACT US AT:
Leah@nrvcare.org
Dionne@nrvcare.org

"We wanted to do something meaningful together when we retired. It's great, we are learning together and each bring a different point of view. We both have different strengths and can take over if needed. We can talk about our cases whenever we want or need to. Writing the reports is a team effort, and we edit until we are both satisfied. It is nice to have two of us at the visits... one of us can talk to the foster parents while the other is with the kids."
- Current couple volunteering with CASA of the New River Valley

The next training class starts on Monday, October 14, 2024

Haunted Prison

Calling all Volunteers! Want to give back to your community by making people SCREAM?

Sign up at [HTTPS://HauntedPrisonNRV.hauntscheduler.com](https://HauntedPrisonNRV.hauntscheduler.com)

Positions Available:

Event Staff -

Parking: Awesome organizers that can make sure customers have an easy smooth experience entering and exiting the parking lot

Security: Safety-minded customer service gurus who can keep an eagle-eye on the cameras and calmly help deescalate any trouble spots inside and out of the attraction.

Tickets: Are you an organized person with excellent attention to detail? Customer service skills are key as we help make our visitor experience smooth and easy.

Concessions: Are you good with sales or at the register? How about food or beverage service? We need you to help in concessions selling merch, snacks, or pouring drinks.

Marketing: We need your help if you rock at spreading the word and creating marketing content and managing/posting on socials.

Montgomery County Department of Social Services (DSS)

Montgomery County DSS is hosting a job fair/family fun day on **Oct 30th from 2-5 pm**. It will be held at the Christiansburg Library. **Two volunteers are needed to cover the Volunteer Montgomery table.** You are invited to dress up for Halloween during the event as staff members will be in costume.

There will be popcorn and a cotton candy machine. Our team will be present with a table set up to share information with the community. **Contact our office to join the fun!**

Cards, Coupons, & Butterflies

This event will be held from 9 am to 12 pm at the Volunteer Montgomery office on the 1st and 4th Monday in October. **Please notice the change from the 2nd to 1st Monday.**

Belview's Helping Hands Pantry

We are excited to now be partnering with Belview's Helping Hands Pantry, Clothing, Personal Care, Cleaning, and Food! Volunteer opportunities are updated weekly. You can find more information by visiting their Facebook page at [\(1\) Facebook](#) or contact the Volunteer Montgomery office for an update on their volunteer needs. Evening Opportunities Available!

We accept the following donations:

- **Stamps for the Wounded** – please leave at least a quarter-inch margin of paper around used postage stamps you tear off envelopes or packages.

- Gently-Used Paperback Books for **Operation Paperback**. We have a container for books inside the volunteer office. **Update: We are now accepting current magazines and DVDs!**
- Manufacturer's Coupons for the **Overseas Coupon Program** (can be used for 6 months after expiration date)
- Eyeglasses for the **Lions Club**
- Aluminum tabs for the **Ronald McDonald House**
- Bud vases for our annual **Flowers for Veterans** program
- **Birthday in a Box** – cake mix, cake icing, birthday candles (singles or numbers), toys and books for children of all ages (\$10 and under), birthday bags, and tissue paper

The following activities are scheduled in **October** and we will be providing transportation for volunteers. Contact the office for more details. **We will resume bi-monthly visitation to the VA Center for Development and Civic Engagement (formerly known as VA Medical Center) on October 8th!**

- | | | |
|--|------------|---------|
| • VA Center for Development and Civic Engagement - Visit | October 8 | 1:30 pm |
| • Virginia Veterans Care Center – Birthday Party | October 15 | 2:30 pm |
| • Kroontje – Birthday Party | October 16 | 3 pm |
| • Spring Oak Senior Living - Birthday Party | October 18 | 3 pm |
| • English Meadows – Tea Party | October 21 | 10 am |
| • Commonwealth Senior Living – Party | October 24 | 3:15 pm |

Volunteer Information:

Medicare Part D Open Enrollment

It is time to think about your Medicare Part D Drug Plans again. Every January, all Medicare drug plans change. Even if you are happy with your current plan, you need to determine if it will still be the best one for you in 2025. If you fail to make a change during Open Enrollment, you may be stuck in a plan that doesn't work best for you next year. The NRV Agency on Aging VICAP Program will be assisting Medicare Beneficiaries beginning October 15th through December 7th. Call the Agency at 540-980-7720 to receive a form to fill out so that the VICAP staff can research the Medicare Part D plans that are available to you. If they find a plan that will better suit your needs, they will contact you, probably by phone as appointments aren't being scheduled this year as of now. During this contact, you can choose to make a change based on the information that the staff member presents to you. If they determine that your existing plan works for you in 2025, they will send you a "No Change" letter.

Volunteer Hour Sheets

You can submit volunteer hours by mail, email or by visiting <https://forms.montva.com/Forms/RSVP-hours>. If you use this link, your volunteer time will be emailed to staff.

Please let us know if you would like a paper copy or a fillable form to save to your tablet or PC.

OCTOBER 2024



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 Rosh Hashanah	3	4	5 Meadowbrook Fall Festival 10am-2pm
6	7 Cards & Coupons 9am-12pm	8 VA Medical Center Social 1:30pm, leave VM @ 12:30pm	9	10 Pumpkin Pals for Seniors Evening Event 6-8pm	11	12
13	14 Office Closed - Indigenous People's Day	15 Fundraising Committee 10:30am VA Veterans Care Center 2:30pm, leave VM @ 1:30pm	16 Kroontje 3pm	17	18 Spring Oak Senior Living 3pm	19 Chili Cook-off @ MC Gov't Center 10am
20	21 English Meadows 10am Supplies for Seniors Committee 10am	22 Nominating Committee 1pm	23	24 Commonwealth Senior Living 3:15pm	25	26
27	28 Cards & Coupons 9am-12pm	29	30	31 HAPPY HALLOWEEN happy Diwali		

210 S. Pepper St Suite D,
Christiansburg, VA 24073

Office: (540) 382-5775
Cell: (540) 239-1088
Email: volunteermontgomery@montgomerycountyva.gov

VolunteerMontgomeryVA
 volunteermontgomeryva



BIRTHDAYS THIS MONTH

[This Photo](#) by Unknown Author is licensed under [CC BY-SA-NC](#)

October Birthdays:

Jenny Lindsey 10/1
Jan Marks 10/1
Eliza Agi 10/2

Martha Carpenter 10/3
Samuel Shi 10/7
Sarah Reed 10/8

Bonnie Harris	10/9	Myra Lux	10/19
Phyllis Lutz	10/10	Jill Songer	10/20
Penny Sweet	10/10	Mary West	10/20
Lars Anderson	10/10	Joshua Caldwell	10/20
Erica Carr	10/12	Michelle Rowe	10/21
Mary Adkins	10/13	Anna Dalton	10/30
Sharon A. Hall	10/15	Hamza Jaldi	10/30
Janice Tesi	10/15	Paula Davis	10/31
Nola E. Elliott	10/18		

Fall is such a busy time of the year for our program and many of the nonprofits in our area. Alex, Karen, Hannah, Fallon and I are thankful for the opportunity to work with such a passionate group of volunteers and look forward to offering guidance as we navigate through this busy season!

Our office will be closed on Monday, October 14 in observance of Indigenous Peoples Day. I hope each of you have a blessed and joyous month of October!

In service,

Mandy Hayes

Senior Volunteer Coordinator
Montgomery County Human Services

